

# OxiPro BP2 Quick Start Guide

V1.7 - 12/02/2024 - Copyright OxiPro Medical Ltd

## 1 Deciding if you use the app

### Thank you for your purchase!

To use the OxiPro BP2 you do not have to install the app on your smartphone, but your user experience will be enhanced by doing so. It will enable a number of features including the following:

- Record your results on your smartphone
- Share your results with a third party through email
- Easily analyse your results over time.

**If you do not wish to install the app, please go forward to section 6, otherwise please follow the steps from the beginning of this guide.**

## 2 Installing the app

### Download & Install

On your smartphone, go to your app store and search for "Health Diary by MedM" and install the app.

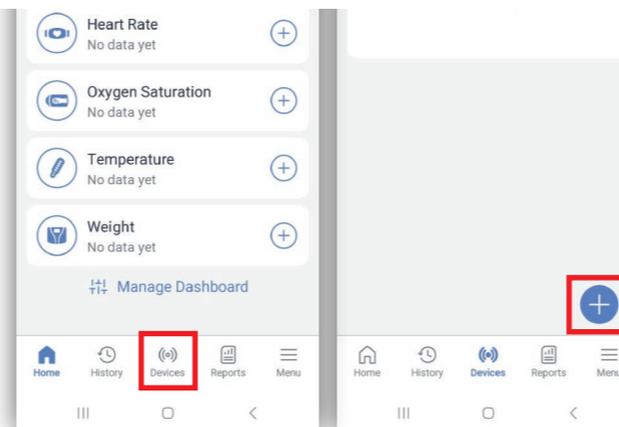


### Opening an account on MedM (Registration)

Once installed, open the MedM app and register as a new user to access the ability to share results. You can use the app without registering, but not all features will be available.

## 3 Pairing with the app

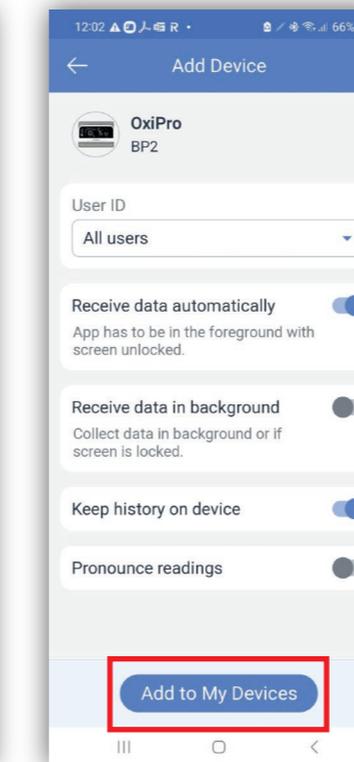
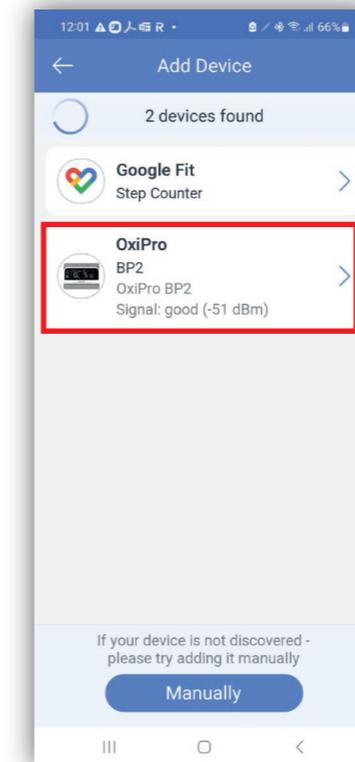
1. Open the MedM app (icon opposite).
2. Press "Devices" at the bottom of the screen)
3. On the next screen press the "+" button. See screenshots below



**NOTE:** If asked to grant location permission select "while using the app". This is necessary to discover Bluetooth Smart (Low Energy) devices.

4. Press the left hand key on your OxiPro BP2 to activate pairing mode.
5. The OxiPro BP2 should appear on the screen after a few seconds (see right).
6. Select OxiPro BP2.
7. You will then see the next screen, select the options you require then press "Add to my Devices"

Pairing is complete.



## 4 Set the BP Scale

By default, the BP graphical scale is set to JNC which is a US scale, you should change this to the ESH/ESC (Europe) scale which is the same as the WHO/NHS scale.

In the app, press the menu button at the bottom of the screen.

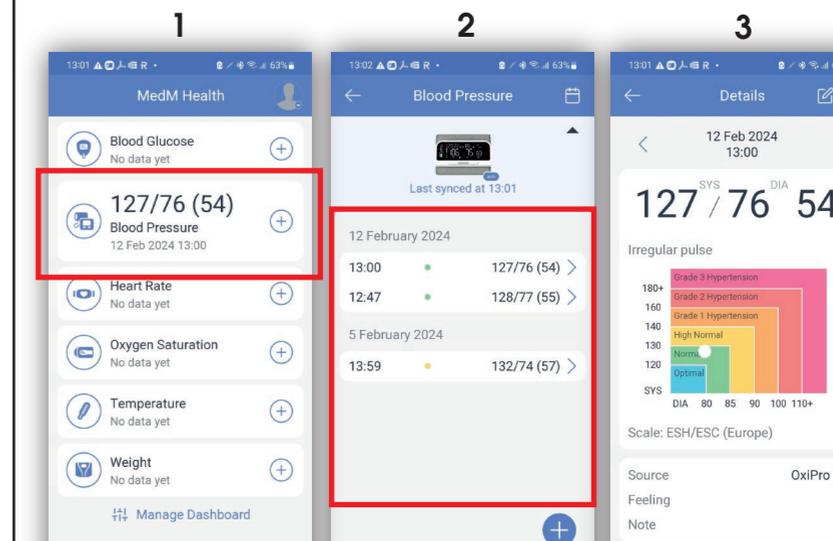


Then select "Settings", then "Scales", then "BP Scale" and select "ESH/ESC (Europe)". Once selected, press the back arrow to exit the screen.

## 5 Reviewing your results

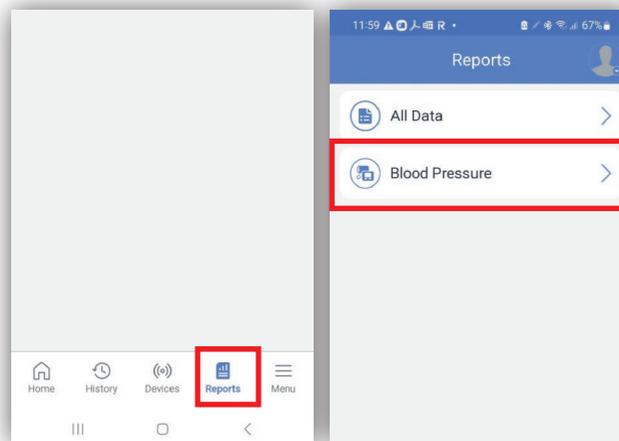
**PLEASE NOTE: Results only sync when the app is open and the OxiPro BP2 is on at the same time. Readings taken while the app is closed will sync the next time the app and BP2 are connected.**

After testing, your results are displayed on the MedM "Home" screen. Click into BP section to see historic entries. You can click into each entry to see more details.

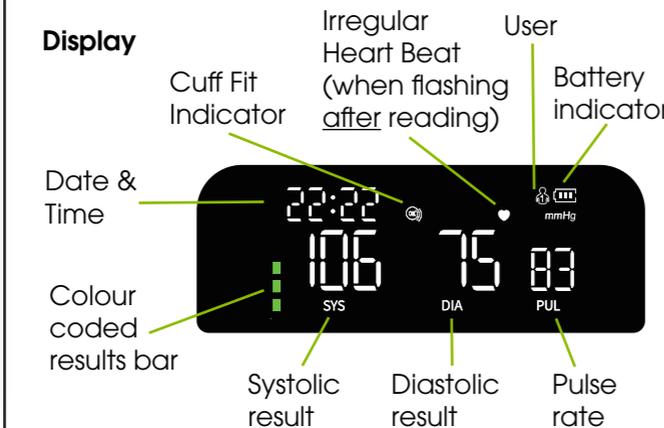
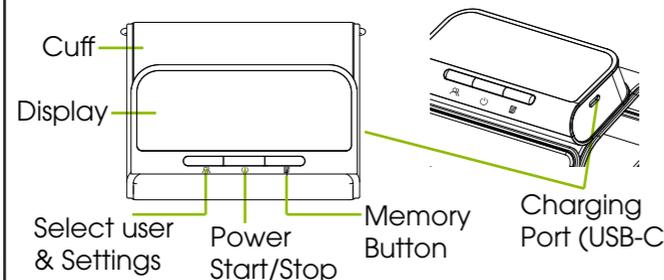


## 6 Exporting your results

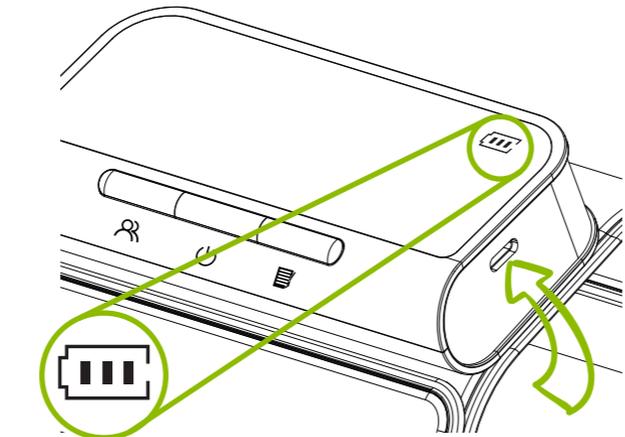
1. From the any screen on the app, press the "Reports" icon (**NOTE** this may be called "Export" in some versions of the app).
2. On the next screen select "Blood pressure"
3. Follow the further instructions to export your results.



## 7 Getting to know your BP2



## 8 Charging



The device has a small amount of charge out of the box. To recharge, use the supplied USB cable. Plug the smaller end into the side of the blood pressure monitor, connect the larger end of the USB cable to any USB charger (e.g. mobile phone) or powered USB output (e.g. PC).

The battery indicator on screen will show the charging status.

## 9 User selection & time settings

### Selecting the user

While off, press the "⌘" button to enter the user group selection interface. Then press the "⌘" button again to switch and select user groups.



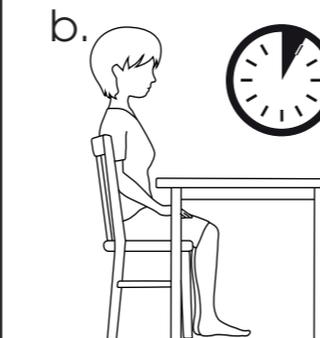
NOTE: User 1 and 2 store the results separately. The guest user does not store results.

### Setting the time and date

When you first sync results to the MedM app the time and date with sync with your phone. If you do not use the app, please see the instruction manual to set it manually.

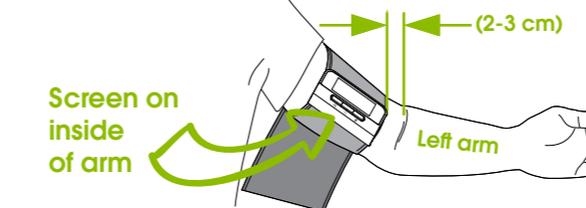
## 10 Taking a measurement

a. Remove thick clothing from around the upper arm. If rolling up, make sure it doesn't become tight around your arm.

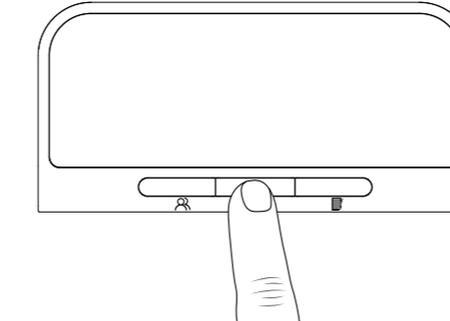


For the most accurate results:  
 1) relax, sitting down for 4-5 minutes before a reading.  
 2) test at the same time each day.  
 3) don't perform several tests in a row.

c. Insert arm in cuff and position as shown **at heart height on your LEFT arm.** Close velcro so the cuff is snug but not tight.



d. **SUPPORT ARM ON RIGID SURFACE. DO NOT MOVE OR TALK DURING TEST.** Press ⏻ for 1 second to start test.

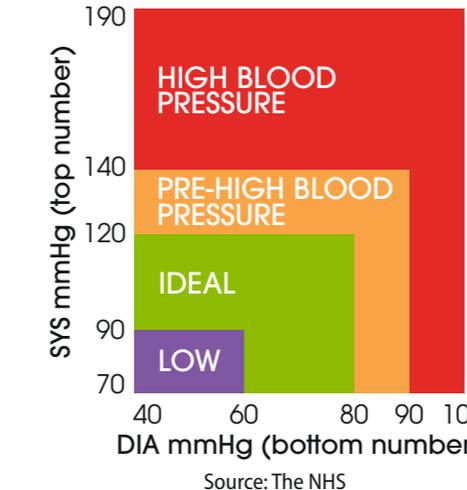


## 11 Understanding your results

Your reading consists of two numbers:

- Systolic Blood Pressure (SYS)
- Diastolic Blood Pressure (DIA).

Find the point on the chart where your SYS and DIA readings intersect to see your indicated blood pressure range. This chart is suitable for adults of all ages.



## 12 Troubleshooting & support

### Error Codes

The most common error code is **Er 2** which means movement was detected while testing. Please stay still with your arm resting on a hard surface while testing.

A full list of error codes are in the instruction manual.

If you cannot find the solution please contact us.

**We're here to help!**

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 Lines open Mon-Fri, 0900-1700

