



# User Manual

Blood Pressure Monitor

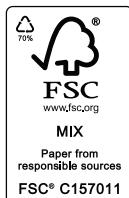


REF TMB-2080

CE 0123

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Kinetik TMB-2080 UK IB 20221202

- Thank you for selecting the Kinetik Wellbeing Blood Pressure Monitor.
- Please read the user manual carefully and thoroughly so as to ensure the safe usage of this product. Keep this manual for future reference in case any issues arise.

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## ♥ Support

Our manual should provide you with all the information you need to set up and use this product.

If you have a question, have a look at our Troubleshooting page!

For further assistance, why not contact our Customer Care team directly? We're here to help!

Our Customer Care team are available from 9am-5pm, Monday to Friday (excluding bank holidays).

We promise to respond to all queries and will ensure to resolve any issue you may be having.

You can reach us by...

**Phone:**  
+44 1483 937969

**Live Chat:**  
Simply visit [www.kinetikwellbeing.com](http://www.kinetikwellbeing.com) and send us a message.

**Email:**  
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Unit 11, Perrywood Business Park, Honeycrock Lane,  
Salfords, Redhill. RH1 5JQ

## ♥ General Description

Thank you for purchasing the Kinetik Wellbeing Blood Pressure Monitor (TMB-2080). This monitor features blood pressure measurements, pulse rate measurements and 2 x 90 memory storage. The design provides you with two years of reliable service.

### FEATURES:

- 60 mm x 64 mm Digital LCD display
- Systolic, Diastolic Blood Pressure & Pulse Display
- Date / Time Indication
- Irregular Heartbeat detection
- 2 x 90 memory storage, Guest mode available
- Up-to-date measuring-during-inflation technology

## ♥ Indications for Use

The Kinetik Wellbeing Blood Pressure Monitor is a digital monitor intended for use in measuring blood pressure and heartbeat rate with arm circumference ranging from 22 cm to 32 cm (about 8¾"-12½"), 22cm to 42cm (about 8¾"-16½"), It is intended for adult indoor use only.

## ♥ Contraindications

- 1.The device is not suitable for use on women who are or may be pregnant.
- 2.The device is not suitable for use on patients with implanted,electrical devices, such as cardiac pacemakers or defibrillators.

## ♥ Measurement Principle

This product uses the Oscillometric Measuring method to detect blood pressure. Before every measurement, the unit establishes a "zero pressure" equivalent to the atmospheric pressure. Then it starts inflating the arm cuff, meanwhile, the unit detects pressure oscillations generated by beat-to-beat pulsatile, which is used to determine the systolic and diastolic pressure, and also pulse rate.

## ♥ Safety Information

The symbols below might be in the user manual, labeling or other component. They are the requirement of standard and using.

	Refer to instruction manual/booklet To signify that the instruction manual/ booklet must be read.
	Symbol for "Type BF applied part"
	Indicates that caution is necessary when operating the device or control close to where the symbol is placed, or that the current situation needs operator awareness or operator action in order to avoid undesirable consequences.
	The symbol indicates that the product should not be discarded as unsorted waste but must be sent to separate collection facilities for recovery and recycling.
	Symbol for "Recycle"
	Symbol for "Serial Number"
	Symbol for "Direct Current"
	Symbol for "Manufacturer"
	Symbol for "Manufacture date" and Made in China
	For indoor use only
	Symbol for "Class II Equipment"
	Authorized representative in the European Community/ European Union
	CE marking indicates that a product has been assessed by the manufacturer and deemed to meet EU safety, health and environmental protection requirements. It is required for products manufactured anywhere in the world that are then marketed in the EU.

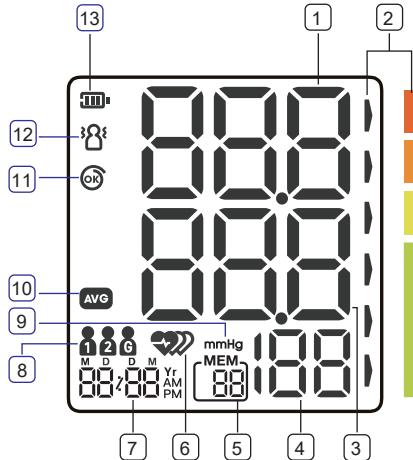
## ⚠ CAUTION

- \* This device is intended for indoor, home use.
- \* This device is not intended for public use.
- \* This device is portable, but it is not intended for use during patient transport.
- \* This device is not suitable for continuous monitoring during medical emergencies or operations.
- \* This device is intended for non-invasive measuring and monitoring of arterial blood pressure. It is not intended for use on extremities other than the arm, or for any purpose other than obtaining a blood pressure measurement.
- \* This device is for adults. Do not use this device on neonates or infants. Do not use it on children unless otherwise instructed by a medical professional.
- \* Do not use this device on pregnant women, including pre-eclamptic patients.
- \* The device is not suitable for use on patients with implanted, electrical devices, such as cardiac pacemakers or defibrillators.
- \* The effectiveness of this device has not been established for use:
  - on users with common arrhythmias such as atrial or ventricular premature beats or atrial fibrillation,
  - on users with peripheral arterial disease,
  - on users undergoing intravascular therapy, or with arteriovenous (AV) shunt.
 Consult a medical professional before use.
- \* Do not use this device for diagnosis or treatment of any health problem or disease. Contact your physician if you have or suspect any medical problem. Do not change your medications without the advice of your physician or health care professional.
- \* If you are taking medication, consult your physician to determine the proper time to measure your blood pressure.
- \* This device may be used only for the intended use described in this manual, the manufacturer shall have no liability for any incidental, consequential, or special damages caused by misuse or abuse.
- \* Report any unexpected operation or events to the manufacturer.
- \* Do not apply the cuff on an arm that has an intravenous drip or a blood transfusion attached.
- \* Warning: Do not kink, fold, stretch, compress, or otherwise deform the tube during measuring, as the cuff pressure might continuously increase, which could prevent blood flow and result in injury.
- \* Warning: Taking blood pressure measurements too frequently could disrupt blood circulation and cause injuries.
- \* Warning: Do not apply cuff to areas on patient where skin is delicate or damaged. Check cuff site frequently for irritation.
- \* Warning: Do not place the cuff on the arm of a person whose arteries or veins are undergoing medical treatment, i.e. intra-vascular access or intra-vascular therapy or an arteriovenous (A-V) shunt, which could disrupt blood circulation and cause injuries.
- \* Do not place the cuff on the arm on the same side of a mastectomy (especially when lymph nodes have been removed). It is recommended to take measurements on the unaffected side.
- \* Do not wrap the cuff on the same arm to which another monitoring device is applied. One or both devices could temporarily stop functioning if you try to use them at the same time.
- \* Please check that the operation of the device do not result in prolonged impairment of patient blood circulation.
- \* Warning: On the rare occasion of a fault causing the cuff to remain fully inflated during measurement, loosen and remove the cuff immediately. Prolonged high pressure applied to the arm (cuff pressure >300 mmHg or constant pressure >15 mmHg for more than 3 minutes) might lead to bruising and discolored skin.
- \* Warning: Do not use this device with high-frequency (HF) surgical equipment at the same time.

## CAUTION

- \* Warning: This device is not AP/APG equipment. Do not use the device where flammable anesthetic are present, or in environments mixture with air of with oxygen or nitrous oxide.
- \* The device contains sensitive electronic components. To avoid measurement errors, avoid taking blood pressure measurements near a strong electromagnetic field radiated interference signal or electrical fast transient/burst signal.
- \* Wireless communication equipment, such as wireless home network devices, mobile phones, cordless telephones and their base stations, walkie-talkies may cause interference that may affect the accuracy of measurements. A minimum distance of 1 foot (30 cm) should be kept from such devices during a measurement.
- \* You can use this device to take your own measurement, no third-party operator is required.
- \* Please use the device under the environment which is provided in the user manual. Otherwise, the performance and lifetime of the device will be impacted and reduced.
- \* The device may require up to 30 minutes to warm up / cool down from the minimum / maximum storage temperature before it is ready for use.
- \* Warning: Excessive cuff tube lengths could cause strangulation if you don't manage them properly.
- \* Warning: Do not touch output of the batteries/adapter and the user simultaneously.
- \* Adapter is specified as a part of ME EQUIPMENT.
- \* Warning: The power cord is considered the disconnect device for isolating this equipment from supply mains. Do not position the equipment so that it is difficult to reach or disconnect.
- \* The blood pressure monitor, its adapter, and the cuff are suitable for use within the patient environment.
- \* Warning: Do not use this device if you are allergic to polyester, nylon, or plastic.
- \* Warning: Only use accessories approved by manufacturer. Using unapproved accessories might cause damage to the unit and injure users.
- \* Warning: If you experience discomfort during a measurement, such as pain in the arm or other complaints, press the Power button immediately to release the air from the cuff.
- \* No calibration is required within two years of reliable service.
- \* Do not attempt to repair the unit yourself if it malfunctions. Only have repairs carried out by authorised service centers.
- \* At the request of authorised service personnel, circuit diagrams, component part lists, descriptions, and calibration procedures will be made available by the manufacturer or distributor.
- \* It is recommended that the performance should be checked after repair, maintenance, and every two years of use, by retesting the requirements in limits of the error of the cuff pressure indication and air leakage (testing at least at 50 mmHg and 200 mmHg).
- \* Warning: Do not use the device while under maintenance, or being serviced.
- \* Store your device, cuff and adapter in a clean and dry place, protect it against extreme moisture, heat, lint, dust and direct sunlight. Never place any heavy objects on it.
- \* Make sure the rubber tube of the cuff is not squeezed, stretched, or kinked during storage.
- \* Warning: Keep the device, cuff, and batteries away from children as they may pose a risk of choking or strangulation if used improperly.
- \* Clean both device and cuff with a soft, dry cloth. If necessary use a dampened cloth and natural detergent. Do not use alcohol, benzene, or other harsh chemicals.
- \* Do not wash the cuff in a washing machine or dishwasher!
- \* The service life of the cuff may vary by the frequency of washing, skin condition, and storage state. The typical service life is 10000 times.
- \* Dispose of accessories, detachable parts, and the device according to the local guidelines.

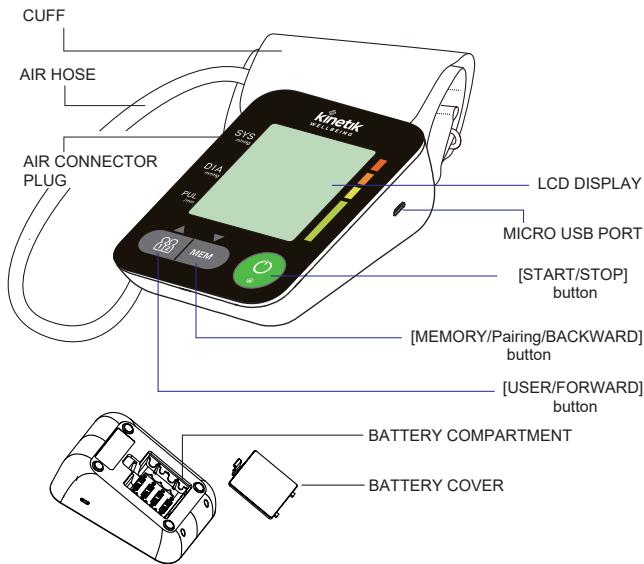
## Display and Symbols



1	Systolic blood pressure reading	8	User ID symbol
2	Blood pressure level	9	mmHg
3	Diastolic blood pressure reading	10	Average value symbol
4	Pulse display	11	Cuff wearing OK symbol
5	Memory symbol	12	Excessive body motion detector symbol
6	Heartbeat symbol / Irregular heartbeat	13	Battery symbol / High power symbol / Low battery symbol
7	Date / Time display		

SYMBOL	EXPLANATION
1	Systolic blood pressure reading
2	Blood pressure level (See the blood pressure classification on page 23-24)
3	Diastolic blood pressure reading
4	Pulse display (Pulse rate appears after the measurement.)
5	 <b>Memory symbol</b> Indicate it is in the memory mode and which the group of memory it is.
6	 <b>Heartbeat symbol</b> Flashes when detected during a measurement.
7	 <b>Irregular heartbeat symbol</b> Appears when detected during a measurement. Refer to page 24 for more information.
8	 <b>User ID symbol</b> Appears when the monitor is operated by the selected user.
9	 <b>mmHg</b> Measurement Unit of the blood pressure
10	 <b>Average value symbol</b> Appears when viewing the average value of last 3 readings under the memory mode.
11	 <b>Cuff wearing OK symbol</b> Appears when the cuff is wrapped well.
12	 <b>Excessive body motion detector symbol</b> Appears when talking, moving, or shaking of the arm with the cuff on is detected during a measurement. <b>NOTE:</b> The measured blood pressure reading may not be accurate when this symbol is displayed with the reading.
13	 <b>Battery symbol / High power symbol</b> Appears when inserting the batteries or adapter. / Indicate the DC power is too high when it appears along with the error symbol "BAT H".
	 <b>Low battery symbol</b> Indicate the battery is too low when appears with the symbol  .

## ♥ Name of Each Part

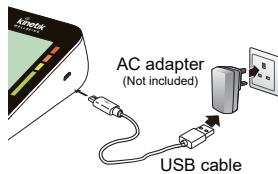


## ♥ Contents/Product Includes

- Blood Pressure Monitor (TMB-2080)
- Cuff (Type BF applied part)  
Upper arm circumference: 22-42 cm
- User manual
- 4x AAA batteries

## ♥ The Choice of Power Supply

1. Battery powered mode:  
6V DC 4x AAA batteries
2. AC adapter powered mode: 5V == 1A  
(Please only use AC adapter authorised by the manufacturer!) (Not included)  
Please unplug the adapter to depart from the using utility power, when you finish the measurement.

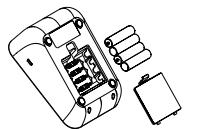


### ⚠ CAUTION

In order to get the best effect and protect your monitor, please use the right batteries and special power adapter which complies with local safety standard.

## ♥ Installing and Replacing the Batteries

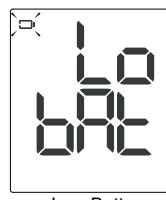
- Slide off the battery cover.
- Install or replace 4 AAA size batteries according to the polarity indications inside the battery compartment.
- Place the battery cover back on.



Any time the battery is low, it will display the icon & "Lo bAt" and then power off automatically after about 5 seconds.

Replace the batteries:

- When the low battery symbol appears. (see the LCD display on the right picture)
- When any button is pressed and nothing is displayed on the screen.



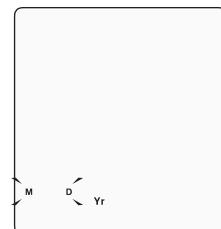
### ⚠ CAUTION

- Do not use new and used batteries together.
- Do not use different types of batteries together.
- Do not dispose the batteries in fire. Batteries may explode or leak.
- Remove batteries if the device is not likely to be used for some time.
- Worn batteries are harmful to the environment. Do not dispose with daily garbage.
- Remove the old batteries from the device following your local recycling guidelines.

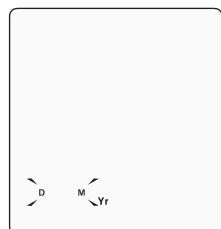
## ♥ Setting the Date and Time

It is important to set the date and time before using your blood pressure monitor for the first time, so that a correct time stamp can be assigned to each record that is stored in the memory.  
(The setting range of the year: 2021—2050, Time format: 24H / 12H)

1. When the monitor is off, press and hold the button to display the date format. Press the or button to switch the date format between [month/day/year] and [day/month/year].



[month/day/year] format



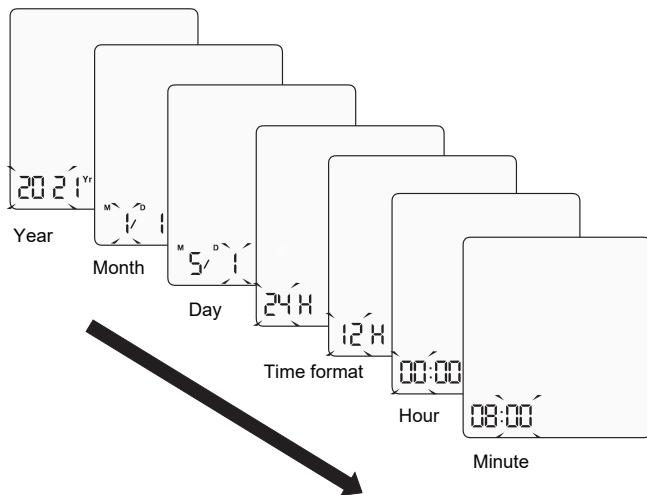
[day/month/year] format

2. Press the button to confirm the date format, then the year will flash. Press the or button to change the year.

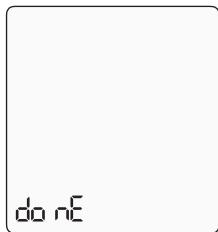
Press and hold the button to quickly advance the years.

Press and hold the button to quickly go backwards through the years.

3. Press the button to confirm the year, then the month will flash. Repeat the same steps to change the month, day, time format, hour, and minute.



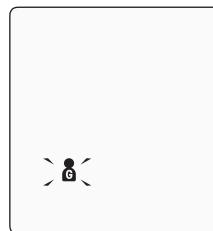
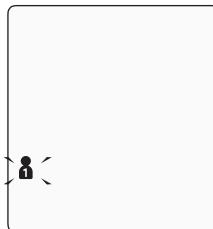
4. After confirming the minute, the LCD will display “do nE” and the monitor will shut off after several seconds.



### ♥ Setting a user ID

There are 3 user ID **1** **2** **3** available. The user **1** and **2**, each with 90 memory spaces, are designed for 2 different people to save the measured values separately. The user **3**, no memory space, is reserved for guest.

1. When the monitor is off, press the  button to display the current user ID and blink. Press the  button to switch the user ID between the user **1** and **2** and **3**.



2. Press the  button to confirm the selected user ID, the User ID will not blink any more and the monitor will turn off after several seconds.

## ♥ Applying the cuff

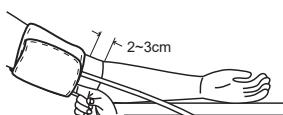
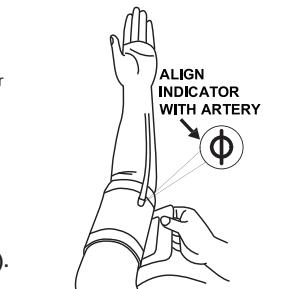
### 1. Remove all jewelry, such as watches and bracelets from your left arm.

Note: If your doctor has diagnosed you with poor circulation in your left arm, use your right arm.

### 2. Roll or push up your sleeve to expose the skin. Make sure your sleeve is not too tight.

### 3. Hold your arm with your palm facing up and tie the cuff on your upper arm, align the Artery indicator with the main Artery (on the inside of your arm).

Note: Locate the main Artery by pressing with 2 fingers approximately 2 cm above the bend of your elbow on the inside of your left arm. Identify where the pulse can be felt the strongest, that is your main Artery!



### 4. Make sure the bottom edge of the arm cuff is 2 to 3 cm above the inside elbow. Then wrap the cuff securely.

Note: The cuff should be snug but not too tight. You should be able to insert one finger between the cuff and your arm.

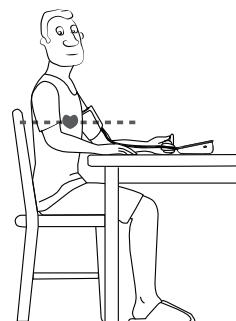
### 5. Sit upright in a comfortable chair with your back against the backrest of the chair. Keep your feet flat and your legs uncrossed. Keep your back against the backrest of the chair.

Place your arm resting comfortably on a flat table. The cuff worn on your arm should be placed at the same level as your right atrium of the heart.

### 6. Take 5-6 deep breaths and let's start measuring!

#### Helpful tips:

- Take the measurement in a silent room.
- Rest for 5 minutes before a measurement.
- Wait at least 3 minutes before another measurement. This allows your blood circulation to recover.
- Be relax and do not move and talk during the measurement procedure.
- For a meaningful comparison, try to measure under similar conditions. For example, take daily measurements at approximately the same time, on the same arm, or as directed by a physician.



## ♥ Start a measurement

You can use your monitor without pairing to a smart device. To pair your monitor with a smart device refer to the foregoing chapters.

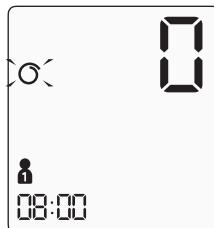
### 1. When the monitor is off, press the button, the current user ID will flash.

### 2. Remain still and do not talk until the full measurement is complete. (Example shown below for User 1)

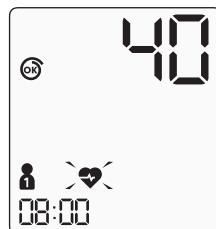
Display user ID



Cuff wrap detection



Inflating and measuring  
(a heartbeat is detected)



Display and save  
the measurement result



#### Note

Any time, to stop the measurement, press the  button.

4. Press the  button to turn off the monitor, or it will shut off after about 1 minute.

#### Note

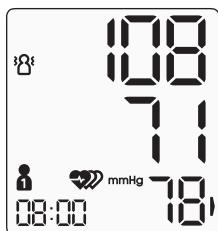
- Both user  and  can store maximum 90 groups of record. When you pass that limit, every time you take the measurement, the monitor will prompt "FULL" first and the oldest record will be dropped from the list after the measurement.

#### 5. About the irregular heartbeat and excessive body motion during the measurement.

- During a measurement, If an irregular heartbeat is detected, the symbol  will display in the measurement result. See page 24 for more information.
- During a measurement, if there is excessive body motion, especially of the arm the cuff is worn, the symbol  will flash about 5 seconds and detect again. If it is no longer detected, the symbol will disappear; If still detected, the symbol  will final display in the measurement result.

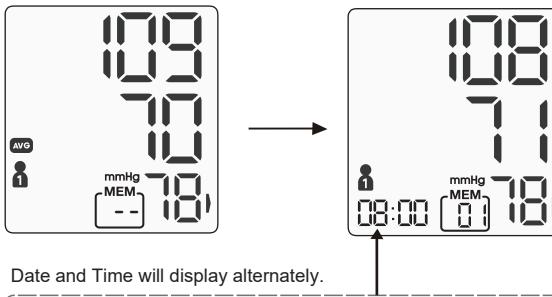
#### Note

The measured blood pressure reading may not be accurate if this symbol is displayed.

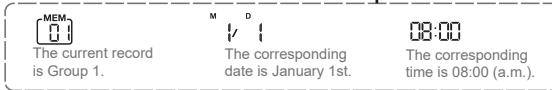


#### ♥ Recall the Records

- When the monitor is off, press the  button, the LCD will display the total groups of the memory records, with the user ID blinking.
- Press the  button to switch the user ID between user  and . press the  button or  button to confirm the selected user ID.
- Then the LCD will display the average value of last 3 readings. When the records are less than three groups, it will display the latest record. (Example shown below for User 1)
- Press the  or  button to display the next record.



Date and Time will display alternately.



#### Note

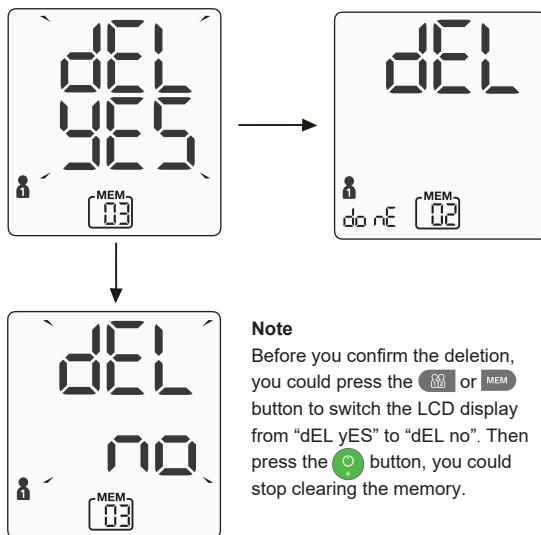
- The latest record (1) is shown first. Each new measurement is assigned to the first (1) record. All other records are pushed back one digit (e.g., 2 becomes 3, and so on), and the last record (90) will be dropped from the list.

## ♥ Delete the Records

Delete the records by following the steps below.

### A: Delete one record (Example shown below for User 1)

1. Enter the memory recall mode as described in the previous section "Recall the records", find out the record you want to delete.
2. Press and hold the  button about 3 seconds, the LCD will display "dEL yES" and blink.
3. Press the  button to confirm the deletion, the LCD will display "dEL done" and then the previous record will be displayed.

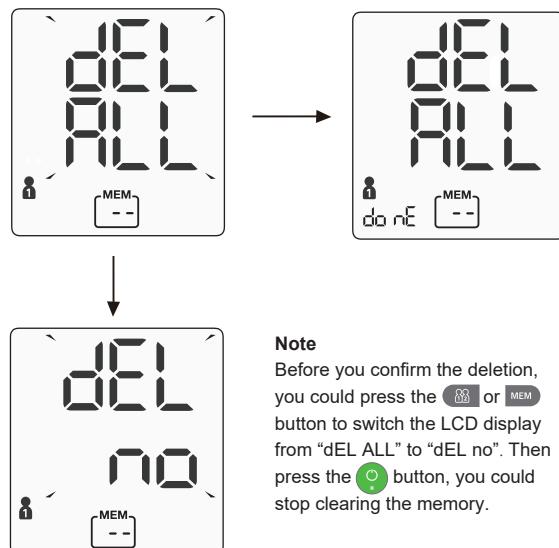


#### Note

Before you confirm the deletion, you could press the  or  button to switch the LCD display from "dEL yES" to "dEL no". Then press the  button, you could stop clearing the memory.

### B: Delete all records (Example shown below for User 1)

1. Enter the memory recall mode as described in the previous section "Recall the records".
2. Press and hold the  and  button about 5 seconds, the LCD will display "dEL ALL" and blink.
3. Press the  button to confirm the deletion, the LCD will display "dEL ALL done".

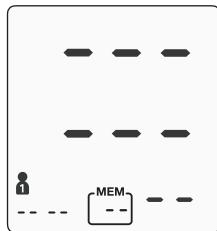


#### Note

Before you confirm the deletion, you could press the  or  button to switch the LCD display from "dEL ALL" to "dEL no". Then press the  button, you could stop clearing the memory.

4. Once deleted, your readings cannot be restored. The LCD will display “--” like the following picture.

Press the  button to turn off the monitor, otherwise it will power off automatically after about 1 minute.



### ♥ Tips for Measurement

Measurements may be inaccurate if taken in the following circumstances.



Within 1 hour  
after dinner or drinking



Immediate measurement  
after tea, coffee, smoking



Within 20 minutes after taking a bath



When talking or moving your fingers



In a very cold environment



When you need to use the toilet

## ♥ Maintenance

In order to get the best performance, please follow the instructions below.



Put in a dry place and avoid the sunshine



Avoid touching water, clean it with a dry cloth in case.



Avoid intense shaking and collisions



Avoid dusty and unstable temperature environment



Using wet cloths to remove dirt



Do not attempt to clean the reusable cuff with water and never immerse the cuff in water.

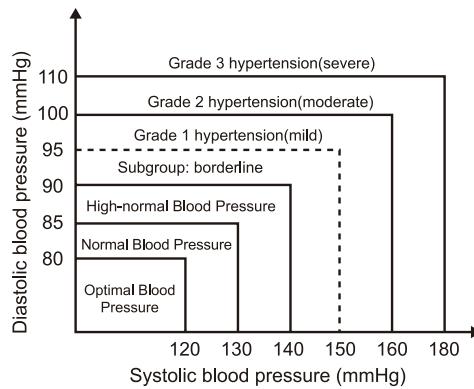
## ♥ What are systolic pressure and diastolic pressure?

When ventricles contract and pump blood out of the heart, the blood pressure reaches its maximum value in the cycle, which is called systolic pressure. When the ventricles relax, the blood pressure reaches its minimum value in the cycle, which is called diastolic pressure.



## ♥ What is the standard blood pressure classification?

The blood pressure classification published by World Health Organization (WHO) and International Society of Hypertension (ISH) in 1999 is as follows:



Blood Pressure (mmHg)	Level	Optimal	Normal	High-normal	Mild	Moderate	Severe
SYS		<120	120-129	130-139	140-159	160-179	≥180
DIA		<80	80-84	85-89	90-99	100-109	≥110

### ⚠ CAUTION

Only a physician can tell your normal BP range. Please contact a physician if your measuring result falls out of the range. Please note that only a physician can tell whether your blood pressure value has reached a dangerous point.

### ♥ Irregular Heartbeat Detector

An irregular heartbeat is detected when a heartbeat rhythm varies while the unit is measuring the systolic and diastolic blood pressure. During each measurement, the monitor records all the pulse intervals and calculate the average; if there are two or more pulse intervals, the difference between each interval and the average is more than the average value of  $\pm 25\%$ , or there are four or more pulse intervals, the difference between each interval and the average is more than the average value of  $\pm 15\%$ , the irregular heartbeat symbol appears on the display when the measurement results are appeared.

### ⚠ CAUTION

The appearance of the IHB icon indicates that a pulse irregularity consistent with an irregular heart-beat was detected during measurement. Usually this is NOT a cause for concern. However, if the symbol appears often, we recommend you seek medical advice. Please note that the device does not replace a cardiac examination, but serves to detect pulse irregularities at an early stage.

### ♥ Why does my blood pressure fluctuate throughout the day?

1. Individual blood pressure varies multiple times everyday. It is also affected by the way you tie your cuff and your measurement position, so please take the measurement under the same conditions.
2. If the person takes medicine, the pressure will vary more.
3. Wait at least 3 minutes for another measurement.



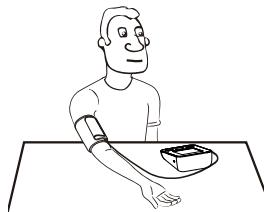
What you need to pay attention to when you measure your blood pressure at home:

If the cuff is tied properly.  
If the cuff is too tight or too loose.  
If the cuff is tied on the upper arm.  
If you feel anxious.  
Taking 2-3 deep breaths before beginning will be better for measuring.

Advice: Relax for 4-5 minutes until you calm down.

### ♥ Is the result the same if measuring on the right arm?

It is ok for both arms, but there will be some different results for different people. We suggest you measure the same arm every time.



If any abnormality arises during use, please check the following points:

PROBLEM	SYMPTOM	CHECK THIS	REMEDY
No power	Display can not light up.	Batteries are depleted.	Replace with new batteries.
		Batteries are inserted incorrectly.	Insert the batteries correctly.
	Adapter is inserted incorrectly.	Insert the AC adapter correctly.	
High Battery	bAt H shows	The battery is too high.	Replace with new batteries.
Low Battery	Lo bAt &  shows	The battery is too low.	Replace with new batteries.
Error message	E 1 shows	The cuff is not wrapped or wrapped incorrectly, or the cuff air plug is loose.	Refasten the cuff and insert air tube plug correctly then measure again.
	E 2 or  shows	Excessive body motion (such as shaking of the arm with the cuff on) or weak Pulse is detected.	Relax for 5 minutes, and then keep still, measure again.
	E 3 shows	Pulse is not detected during measuring.	Loosen the clothing on the arm and measure again.
	E 4 shows	The measurement failed.	Relax for 5 minutes and measure again.
	EEx shows	Hardware error (X can be some digital symbol, such as 1, 2, 3, etc.)	Turn off monitor and measure again. If EEx still appears on the display, please contact the retailer or our customer service.
	Err & Usb shows	Adapter error	Replace with the authorised adapter.
Warning message	out shows	Out of measurement range	Relax for a moment and then measure again. If the problem persists, contact your physician.

NOTE: If the product still does not work, contact Customer Service. Under no circumstance should you disassemble or attempt to repair the unit by yourself.

External dimensions	Approx.100 mm × 129 mm × 45 mm
Display mode	Digital LCD V.A.60 mm × 64 mm
Weight	Approx.216 g (Excluding the batteries and cuff)
Measurement mode	Oscillographic testing mode
Mode of operation	Continuous operation
Measurement range	Rated cuff pressure: 0 mmHg~299 mmHg Measurement pressure: SYS: 60 mmHg ~ 230 mmHg DIA: 40 mmHg ~ 130 mmHg Pulse value: (40-199) beat/minute
Accuracy	Pressure: 5°C-40°C within ±3 mmHg Pulse value: ±5%
Normal working condition	A temperature range of: +5°C to +40°C A relative humidity range of 15% to 90%, non-condensing, but not requiring a water vapour partial pressure greater than 50 hPa An atmospheric pressure range of : 700 hPa to 1060 hPa
Storage & transportation condition	Temperature: -20°C to +60°C A relative humidity range of ≤ 93%, non-condensing, at a water vapour pressure up to 50 hPa
Measurement perimeter of the upper arm	About 22-42 cm
Degree of protection	Type BF applied part
Protection against ingress of water	IP20. It means the device could protected against solid foreign objects of 12.5mm and greater, and there is no special protection for water or moisture.
Device Classification	Battery Powered Mode: Internally Powered ME Equipment AC Adapter Powered Mode: Class II ME Equipment

WARNING: No modification of this equipment is allowed.

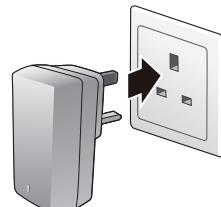
## ♥ Authorised Component

please use the authorised adapter (Not included).

### Adapter

Type: BLJ06L050100U-B

Input: 100-240V, 50-60Hz, 0.2A max  
Output: 5V == 1000 mA



AC adaptor

## ♥ Contact Information

For more information about our products, please visit

[www.kinetikwellbeing.com](http://www.kinetikwellbeing.com)

## ♥ EU Declaration of Conformity (DoC)

Hereby, Transtek, declares that this blood pressure monitor is in compliance with the essential requirements and other relevant provisions of Radio Equipment Directive 2014/53/EU.

The declaration of conformity may be consulted at  
<https://usimg.bjyyb.net/sites/54000/54167/20210720090946176.jpg>

## ♥ EMC Guidance

The ME EQUIPMENT or ME SYSTEM is suitable for home healthcare environments.

Warning: Don't be near the active HF surgical equipment and the RF shielded room of an ME system for magnetic resonance imaging, where the intensity of EM disturbances is high.

Warning: Use of this equipment adjacent to or stacked with other equipment should be avoided because it could result in improper operation. If such use is necessary, this equipment and the other equipment should be observed to verify that they are operating normally.

Warning: Use of accessories, transducers and cables other than those specified or provided by the manufacturer of this equipment could result in increased electromagnetic emissions or decreased electromagnetic immunity of this equipment and result in improper operation.

Warning: Portable RF communications equipment (including peripherals such as antenna cables and external antennas) should be used no closer than 30 cm (12 inches) to any part of the equipment TMB-2080 including cables specified by the manufacturer. Otherwise, degradation of the performance of this equipment could result.

### Technical description:

1. All necessary instructions for maintaining BASIC SAFETY and ESSENTIAL PERFORMANCE with regard to electromagnetic disturbances for the expected service life.
2. Guidance and manufacturer's declaration-electromagnetic emissions and immunity.

Table 1

Guidance and manufacturer's declaration - electromagnetic emissions	
Emissions test	Compliance
RF emissions CISPR 11	Group 1
RF emissions CISPR 11	Class [ B ]
Harmonic emissions IEC 61000-3-2	Class A
Voltage fluctuations / flicker emissions IEC 61000-3-3	Comply

Table 2

Guidance and manufacturer's declaration – electromagnetic Immunity		
Immunity Test	IEC 60601-1-2 Test level	Compliance level
Electrostatic discharge (ESD) IEC 61000-4-2	±8 kV contact ±2 kV, ±4 kV, ±8 kV, ±15 kV air	±8 kV contact ±2 kV, ±4 kV, ±8 kV, ±15 kV air
Electrical fast transient/burst IEC 61000-4-4	±2 kV for power supply lines ±1 kV signal input/output 100 kHz repetition frequency	±2 kV for power supply lines Not applicable 100 kHz repetition frequency
Surge IEC61000-4-5	±0.5 kV, ±1 kV differential mode ±0.5 kV, ±1 kV, ±2 kV common mode	±0.5 kV, ±1 kV differential mode Not applicable
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	0% Ur; 0.5 cycle. At 0°, 45°, 90°, 135°, 180°, 225°, 270° and 315°. 0% Ur; 1 cycle and 70% Ur; 25/30 cycles; Single phase: at 0°. 0% Ur; 250 / 300 cycle	0% Ur; 0.5 cycle. At 0°, 45°, 90°, 135°, 180°, 225°, 270° and 315°. 0% Ur; 1 cycle and 70% Ur; 25/30 cycles; Single phase: at 0°. 0% Ur; 250 / 300 cycle
Power frequency magnetic field IEC 61000-4-8	30 A/m 50 Hz / 60 Hz	30 A/m 50 Hz / 60 Hz
Conduced RF IEC61000-4-6	3 V 0,15 MHz – 80 MHz 6 V in ISM and amateur radio bands between 0,15 MHz and 80 MHz 80% AM at 1 kHz	3 V 0,15 MHz – 80 MHz 6 V in ISM and amateur radio bands between 0,15 MHz and 80 MHz 80% AM at 1 kHz
Radiated RF IEC61000-4-3	10 V/m 80 MHz – 2,7 GHz 80% AM at 1 kHz	10 V/m 80 MHz – 2,7 GHz 80% AM at 1 kHz

NOTE Ur is the a.c. mains voltage prior to application of the test level.

Table 3

Guidance and manufacturer's declaration - electromagnetic Immunity								
Radiated RF IEC61000-4-3 (Test specifications for ENCLOSURE PORT IMMUNITY to RF wireless communications equipment)	Test Frequency (MHz)	Band (MHz)	Service	Modulation	Modulation Power (W)	Distance (m)	IMMUNITY TEST LEVEL (V/m)	Compliance level (V/m)
Radiated RF IEC61000-4-3 (Test specifications for ENCLOSURE PORT IMMUNITY to RF wireless communications equipment)	385	380-390	TETRA 400	Pulse modulation 18Hz	1.8	0.3	27	27
	450	430-470	GMRS 460, FRS 460	FM ± 5kHz deviation 1kHz sine	2	0.3	28	28
	710	704-787	LTE Band 13,17	Pulse modulation 217Hz	0.2	0.3	9	9
	745							
	780							
	810	800-960	GSM 800/900, TETRA 800, IDEN 820, CDMA 850, LTE Band 5	Pulse modulation 18Hz	2	0.3	28	28
	870							
	930							
	1720	1700-1990	GSM 1800; CDMA 1900; GSM 1900; DECT; LTE Band 1, 3, 4,25; UMTS	Pulse modulation 217Hz	2	0.3	28	28
	1845							
	1970							
	2450	2400-2570	Bluetooth; WLAN, 802.11 b/g/n, RFID 2450, LTE Band 7	Pulse modulation 217 Hz	2	0.3	28	28
	5240	5100-5800	WLAN 802.11 a/n	Pulse modulation 217 Hz	0.2	0.3	9	9
	5500							
	5785							